

Rialto Unified School District

Mar 3, 2025 thru Mar 7, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 03/03/2025																
PRE-K BIC # 1	Total	300														
Pancakes, Mini Maple. 2019	pkg	300	210	10	320	4.00	3.60	40.0	1000	0.0	11	4.0	35.0	6.0	1.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	1	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	299	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			440	25	470	7.00	3.60	390.0	1620	0.00	49 44.5%	13.00 11.8%	77.00 70.0%	8.50 17.4%	2.50 5.1%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 03/04/2025																
PRE-K BIC # 1	Total	300														
Muffins, Blue-Buena Vista 22	1 ea	300	230	25	240	2.00	1.80	20.0	85	0.0	17	4.0	39.0	7.0	1.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	299	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			381	40	391	2.41	1.93	376.4	631	1.84	38 40.4%	13.29 14.0%	60.89 64.0%	9.66 22.8%	2.55 6.0%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 03/05/2025																
PRE-K BIC # 1	Total	300														
CEREAL,MULTI-GRAIN CHEER IOS'24	Bowl (28 Grams)	300	110	0	105	2.00	12.60	100.0	300	3.6	6	2.0	23.0	1.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	299	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

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Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			269	15	255	3.93	12.60	450.0	834	3.60	27 39.8%	11.00 16.4%	46.64 69.5%	3.50 11.7%	1.50 5.0%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Thu - 03/06/2025																
PRE-K BIC # 1	Total	300														
Sndwich Chx & Sausage 2020	serving	300	159	26	312	1.40	1.10	110.0	110	0.0	2	9.7	16.0	6.4	2.60	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	299	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			313	41	462	3.40	1.28	470.0	660	123.60	22 27.9%	18.70 23.9%	38.00 48.6%	8.90 25.6%	4.10 11.8%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 03/07/2025																
PRE-K BIC # 1	Total	300														
Yogurt,Straww/crack-DW '24PSBK	SERVING	300	290	5	245	2.00	2.00	585.0	30	0.0	35	7.0	59.0	3.0	0.50	0.00
Orange juice, DW, 4oz.2024	1 EACH	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	1 EACH	299	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			465	20	409	2.00	2.00	945.0	630	30.00	63 54.2%	17.00 14.6%	87.00 74.8%	5.50 10.6%	2.00 3.9%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			373	28	397	3.75	4.28	526.3	875	31.81	40 95.9%	14.60 15.6%	61.91 66.3%	7.21 17.4%	2.53 6.1%	0.00 0.0%
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Rialto Unified School District

Mar 3, 2025 thru Mar 7, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	373		350 - 500		100%												
Cholesterol (mg)	28																
Sodium 1 (mg)	397			540	74%												
Fiber (g)	3.75																
Iron (mg)	4.28																
Calcium (mg)	526.3																
Vitamin A (IU)	875																
Sugars (g)	40	42.63%															
Vitamin C (mg)	31.81																
Protein (g)	14.60	15.63%															
Carbohydrate (g)	61.91	66.30%															
Total Fat (g)	7.21	17.38%															
Saturated Fat (g)	2.53	6.10%															
Trans Fat ¹ (g)	0.00	0.00%															

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Rialto Unified School District

Mar 10, 2025 thru Mar 14, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 03/10/2025																
PRE-K BIC # 1	Total	300														
Snack'n Waffles, Cinnamon Craisins, Watermelon	pkg	300	250	44	290	2.00	1.44	30.0	75	0.0	15	6.0	37.0	9.0	4.00	0.00
	serv. (1.1 6 oz)	1	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	299	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			480	59	440	5.00	1.44	380.0	695	0.00	53 44.2%	15.00 12.5%	79.00 65.8%	11.50 21.6%	5.50 10.3%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 03/11/2025																
PRE-K BIC # 1	Total	300														
Muffins, Banana-Buena Vista 22 GRAPES,Fresh PKG '23	1 ea	300	230	20	200	2.00	1.80	20.0	80	0.0	16	4.0	39.0	7.0	1.00	0.00
	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	299	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			381	35	351	2.41	1.93	376.4	626	1.84	37 39.4%	13.29 14.0%	60.89 64.0%	9.66 22.8%	2.55 6.0%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 03/12/2025																
PRE-K BIC # 1	Total	300														
CEREAL,MULTI-GRAIN CHEER IOS'24	Bowl (28 Grams)	300	110	0	105	2.00	12.60	100.0	300	3.6	6	2.0	23.0	1.0	0.00	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	299	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00

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Rialto Unified School District

Mar 10, 2025 thru Mar 14, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			320	15	256	4.63	12.86	455.1	865	12.39	32	12.10	60.07	3.83	1.61	0.00
% of Calories											40.5%	15.1%	75.1%	10.8%	4.5%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Thu - 03/13/2025																
PRE-K BIC # 1	Total	300														
Muffins, Blue-Buena Vista 22	1 ea	300	230	25	240	2.00	1.80	20.0	85	0.0	17	4.0	39.0	7.0	1.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	299	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			384	40	390	4.00	1.98	380.0	635	123.60	37	13.00	61.00	9.50	2.50	0.00
% of Calories											38.5%	13.5%	63.5%	22.3%	5.9%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 03/14/2025																
PRE-K BIC # 1	Total	300														
BREAD,BANANA K-5	1/2 Slice	300	311	31	166	3.43	1.02	26.2	70	2.94	*27	3.96	45.76	14.21	1.30	*0.00
Juice, apple 4oz. DW-2024	Each(4oz)	1	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
Juice, apple 4oz. DW-2024	Each(4oz)	299	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			486	46	331	3.43	1.02	376.2	570	32.94	*56	12.96	74.76	16.71	2.80	*0.00
% of Calories											*46.4%	10.7%	61.5%	30.9%	5.2%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			410	39	354	3.89	3.85	393.5	678	34.15	*43	13.27	67.14	10.24	2.99	*0.00
											*94.9%	12.9%	65.5%	22.5%	6.6%	*0.0%

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Rialto Unified School District

Mar 10, 2025 thru Mar 14, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

Page 3

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	410		350 - 500		100%												
Cholesterol (mg)	39																
Sodium 1 (mg)	354		540		65%												
Fiber (g)	3.89																
Iron (mg)	3.85																
Calcium (mg)	393.5																
Vitamin A (IU)	678																
Sugars (g)	43	42.18%				Missing											
Vitamin C (mg)	34.15																
Protein (g)	13.27	12.94%															
Carbohydrate (g)	67.14	65.48%															
Total Fat (g)	10.24	22.47%															
Saturated Fat (g)	2.99	6.57%															
Trans Fat ¹ (g)	0.00	0.00%				Missing											

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Rialto Unified School District

Mar 17, 2025 thru Mar 19, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 03/17/2025																
PRE-K BIC # 1	Total	300														
CEREAL,MULTI-GRAIN CHEERIOS ²⁴	Bowl (28 Grams)	300	110	0	105	2.00	12.60	100.0	300	3.6	6	2.0	23.0	1.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	1	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	299	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			340	15	255	5.00	12.60	450.0	920	3.60	44 51.8%	11.00 12.9%	65.00 76.5%	3.50 9.3%	1.50 4.0%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 03/18/2025																
PRE-K BIC # 1	Total	300														
Pancakes, Mini Maple. 2019	pkg	300	210	10	320	4.00	3.60	40.0	1000	0.0	11	4.0	35.0	6.0	1.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	299	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			361	25	471	4.41	3.73	396.4	1546	1.84	32 36.0%	13.29 14.7%	56.89 63.1%	8.66 21.6%	2.55 6.4%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 03/19/2025																
PRE-K BIC # 1	Total	300														
Muffins, Choc.-20th Cent '24	1 ea	300	230	60	370	3.00	1.00	21.4	0	0.0	17	5.0	34.0	8.0	2.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	299	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00

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Rialto Unified School District

Mar 17, 2025 thru Mar 19, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			389	75	520	4.93	1.00	371.4	534	0.00	38	14.00	57.64	10.50	3.50	0.00
% of Calories											38.9%	14.4%	59.3%	24.3%	8.1%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			363	38	415	4.78	5.78	405.9	1000	1.81	38	12.76	59.84	7.55	2.52	0.00
											94.4%	14.1%	65.9%	18.7%	6.2%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	363		350 - 500	100%				
Cholesterol (mg)	38							
Sodium 1 (mg)	415		540	77%				
Fiber (g)	4.78							
Iron (mg)	5.78							
Calcium (mg)	405.9							
Vitamin A (IU)	1000							
Sugars (g)	38	41.94%						
Vitamin C (mg)	1.81							
Protein (g)	12.76	14.06%						
Carbohydrate (g)	59.84	65.92%						
Total Fat (g)	7.55	18.72%	<=30.00%					
Saturated Fat (g)	2.52	6.24%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Rialto Unified School District

Mar 31, 2025 thru Mar 31, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 03/31/2025																
PRE-K BIC # 1	Total Bowl (28 Grams)	300														
CEREAL,MULTI-GRAIN CHEER IOS'24		300	110	0	105	2.00	12.60	100.0	300	3.6	6	2.0	23.0	1.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	1	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	299	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			340	15	255	5.00	12.60	450.0	920	3.60	44 51.8%	11.00 12.9%	65.00 76.5%	3.50 9.3%	1.50 4.0%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			340	15	255	5.00	12.60	450.0	920	3.60	44 116.5%	11.00 12.9%	65.00 76.5%	3.50 9.3%	1.50 4.0%	0.00 0.0%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*
Calories	340		350 - 500					
Cholesterol (mg)	15							
Sodium 1 (mg)	255		540					
Fiber (g)	5.00							
Iron (mg)	12.60							
Calcium (mg)	450.0							
Vitamin A (IU)	920							
Sugars (g)	44	51.77%						
Vitamin C (mg)	3.60							
Protein (g)	11.00	12.94%						
Carbohydrate (g)	65.00	76.47%						
Total Fat (g)	3.50	9.26%	<=30.00%					
Saturated Fat (g)	1.50	3.97%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

*Data comparisons are not available for one or two day selections

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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